

THE BAYONET

THE OFFICIAL NEWSLETTER OF THE 170TH INFANTRY BRIGADE COMBAT TEAM



BAYONET BRIGADE DEPLOYS TO AFGHANISTAN

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THE ROAD TO OEF



FROM THE COMMANDER

SOLDIERS, LEADERS, AND FAMILIES OF THE 170TH BRIGADE COMBAT TEAM,



By COL Patrick E. Matlock
170th IBCT Brigade Commander

Last Friday we held our deployment and colors casing ceremony. I'd like to thank the friends and family members that came to see the brigade off, as well as everyone who couldn't make it out. We're all grateful for the enduring support, especially as we begin our deployment. In November, 3-4 Infantry deployed and began their important mission in Kabul, Afghanistan, they're already doing great things there; keep up the good work. Let's keep them, as well as the Soldiers of Bravo Company, 40th Engineers, in mind as we deploy.



Col. Patrick E. Matlock, 170th Infantry Brigade Combat Team commander, speaks to his troops during the brigade's color casing ceremony on Smith Barracks Feb. 4, 2011.

getting us to this point. I'm proud of the work of our Soldiers, Families, and the Baumholder community, who have all helped us prepare, job well done, let's sustain it over the next 12 months and beyond.

As always, I thank the Families for your continued sacrifice and encourage you to stay connected to the Baumholder community's resources, your FRGs and the rear detachment leadership for assistance throughout the deployment. We'll continue to work together to make sure Families are well informed and well cared for throughout the deployment.

In closing, I'll say this: Command Sergeant Major Grinston and I continue to be exceedingly proud of the work of everyone in the Bayonet Brigade and across the Baumholder Community. Keep up the great work! I am honored to serve with all of you!

"BAYONETS!"

B6 OUT



B7 SENDS

By CSM Michael Grinston
170th IBCT Brigade Command Sergeant Major

Soldiers, Leaders, and Families of the 170th Brigade Combat Team, I would like to start this letter by thanking you all for what you do. The brigade has been very busy since the last newsletter. From the observations of all who participated in our last major training event, the successful rotation at Hohenfels Training Area, and the Command Team, we are extremely confident in the abilities and the combat readiness of the entire brigade, and are more than ready to deploy and carry out our mission in support of Operation Enduring Freedom in Afghanistan.

Again, I want to personally welcome all new leaders, Soldiers, and Family members who have recently been assigned to the brigade over the last couple of months. You have arrived at a great time and we will ensure your integration into the unit and community is done as efficiently as possible. I want to congratulate you on your assignment to the best brigade combat team (BCT) in the U.S. Army. You are coming to a highly disciplined and proud BCT.

I want to thank all family members, Soldiers and Leaders who assisted with the fall clean-up conducted the third week of November. It is with your help and assistance that the Baumholder community continues to set the example in cleanliness and appearance. Keep up the

great work especially while the majority of the brigade is away in 2011. Here is an update on the rear detachment which officially activated Dec. 6, 2010.

Lt. Col. Fandrich, the rear detachment commander, and Sgt. Maj. Bryant, the rear detachment sergeant major, are currently putting everything in place to ensure a smooth transition. The purpose of rear detachment is primarily to support all the Families and Soldiers of the brigade while the majority of the BCT is deployed. The location for the entire rear

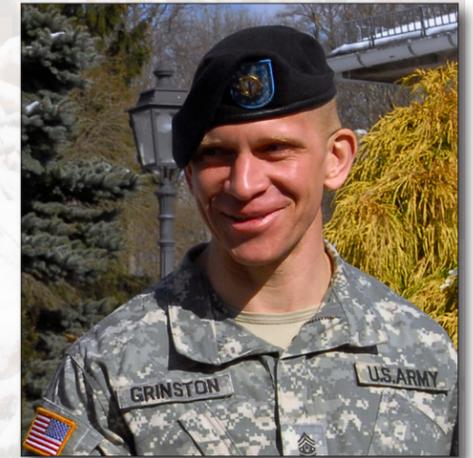
"Again, I want to personally welcome all new leaders, Soldiers, and Family members who have recently been assigned to the brigade over the last couple of months."

-CSM Michael Grinston-

detachment during the deployment is at the current brigade headquarters building. This is a great location as it is centrally located near all the major buildings and facilities on Baumholder.

For the Family members of the brigade: I know the following year is going to be a hard adjustment for you, and the anxiety level is growing as we deploy. Whether, this is going to be the first deployment for your loved one or not, I know it will not be easy for you without your Soldier at home.

I want to remind you of the im-



portance of what we do and the fact that you are the motivation for your Family member to drive on and perform their duties at their top potential. Continue to support and encourage them as it gets closer to their departure and during their time away.

I am extremely confident in our great leadership within the brigade, and will ensure that your loved one is in good hands.

For the Soldier's of the brigade, don't take your Families for granted. Some argue that it is actually harder to remain in the rear than it is to actually deploy to a combat zone. Show support for your Family members and try and ease their concern. The challenges ahead are significant for all involved, but before you know it, we will be returning from a successful rotation feeling a lot better about ourselves and our decision to serve this great nation.

In closing, remember our brigade motto "Strength, Honor, and Discipline." Take that motto and incorporate it into your day-to-day activities, and you will always succeed in everything you do.

"STRENGTH, HONOR AND DISCIPLINE"

B7 OUT



Upcoming events

Spouses Welcome

New to Baumholder? Check out the Spouses Welcome at the Yellow Ribbon Room Feb. 28 from 8 a.m. to 12 p.m. For more information and reservations contact Army Community Services at 06783-6-8188.

CARE Fair

If you missed the first deployment fair, come check out Deployment Fair II being held at the Rheinlander Feb. 11 from 9 a.m. to 2 p.m. Get information and services to help you on your journey during deployment.

Gospel Concert

Lift up your spirit with the "Luys Lift up Your Spirit II Tour," a free concert in Baumholder at the Wagon Wheel Theater Feb. 11. Doors open at 6:30 p.m., show starts at 7:30 p.m. For more information, log on to www.entertainment.armymwr.com.

Love Class

Keep the home fires burning! Even when you're apart, you can show your spouse how much you love them. Come find out how to keep the love alive and bring your own great ideas too! For class dates and times call 06783-6-8188.

Calendar Events

Want to know what's going on in Baumholder? Come find out at the Community Town Hall, with free snacks, prizes and childcare at the Rheinlander Feb. 23 at 4 p.m. For more information call 485-7205.

Stage Play

Seeking family entertainment? "The Music Man," a live stage performance, will be performed on March 4, 5, 11, 12 and 13. Tickets are \$8. To reserve tickets in advance, contact the Creative Arts Center at

485-6687. For more information contact Eric Danzeiser at 485-7244 or e-mail eric.danzeiser@eur.army.mil.

Wine Tasting

Thirsty? Check out the wine tasting event sponsored by the Baumholder Community Spouses Club at the Rheinlander Feb. 18 at 6 p.m. \$15 to participate in the event. RSVP no later than Feb. 15. Childcare available with reservations at Smith Child Day Care. RSVP by e-mailing reservebcsc@yahoo.com.

Want to attend an event but can't bring the children with you? Check into hourly child care! For more information, call 485-7133 or (06783)6-7133.

For more events check out community information brief slides on the USAG Baumholder website.



Soldiers with 170th Infantry Brigade Combat Team participate in a casing of the colors ceremony at the Hall of Champions in Baumholder Feb. 4, 2011. The ceremony symbolized the beginning of the brigade's year-long deployment to Afghanistan. Photo by Pfc. Nathan Goodall

Bayonet Brigade Deploys

Story by
Sgt. Christopher Klutts
170th IBCT Public Affairs

BAUMHOLDER, Germany - Nearly 18 months after the 170th Infantry Brigade Combat Team colors flew anew, the brigade commander and command sergeant major furled the guidon, a red and blue flag bearing the brigade's Bayonet emblem in its foreground, and marked the beginning of the brigade's year-long deployment to Afghanistan.

Soldiers with 170th IBCT held a casing of the colors ceremony at the Hall of Champions here Feb. 4. The deployment is the brigade headquarters' first to a combat zone since its involvement in the Polar Bear Expedition into northern Russia during World War I. The troop movement will consist of roughly 3,000 Bayonet Soldiers leaving the Baumholder community in February.

Col. Patrick E. Matlock, the 170th IBCT commander, expressed his gratitude for his Soldiers' hard work during the train-up period for the Operation Enduring Free-

dom deployment. Matlock also said he was confident the brigade's troops were ready to perform the mission at hand.

"In November, I went to Afghanistan with the senior leaders of the brigade to conduct a reconnaissance for our deployment," said Matlock. "As Command Sgt. Maj. Grinston and I returned to Baumholder, both of us shared the same feeling: We are ready. Nothing we saw gave us concern because of the direction and quality of our training."

The brigade deployed twice to Grafenwöhr Training Area in the last 12 months for weapon's qualification and once to the Joint Multi-National Readiness Center in Hoenfels for a mission readiness exercise in preparation for the deployment. Matlock thanked Bayonet Family members for their support during the training process and reminded the Soldiers in formation how important family members are even while separated geographically.

"Every Soldier has a family. Whether single or married, whether accompanied here

in Europe or supported proudly from home," said Matlock. "A Soldier learns very early in the Army that none of this is possible without the love and care of a strong Family."

Bayonet Soldiers with B Company, 40th Engineer Battalion deployed to Kandahar Airfield, Afghanistan in June 2010 and were the first to deploy from the brigade. Soldiers from 3rd Battalion, 4th Infantry Regiment followed when they deployed to Camp Alamo in November to train Afghan National Security Forces in support of NATO's training mission.

The majority of the brigade's Soldiers will work under a German division and conduct operations throughout northern Afghanistan, while the brigade's 4th Battalion, 70th Armored Regiment Soldiers will be part of a Canadian battle group in the South. The Soldiers will provide security for International Security Assistance Force provincial reconstruction teams and help train Afghan National Security Forces and Afghan Border Police to guard their homeland.



Photo by Pfc. Nathan Goodall

A Bayonet Soldier leaves carries his child as after the 170th Infantry Brigade Combat Team casing of the colors ceremony at the Hall of Champions in Baumholder Feb. 4, 2011. (Photo by Pfc. Nathan Goodall)

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(On the cover -- After 1st Battalion, 84th Field Artillery Regiment's 1st air assault training mission, Soldiers of C Battery carry their injured Polish comrade during a pre-deployment exercise at Camp Griffin in Hohenfels Oct. 23, 2010. Photo by Sgt. Jazz Burney, 170th IBCT)

THE ROAD TO OPERATION ENDURING FREEDOM

Story by Capt. Royal Reff

170th IBCT Public Affairs

In July 1918, Soldiers of the 170th Infantry Brigade marched in Russia, in partnership with Russian Soldiers, as part of only a small expedition of Americans to do so. At that time, troops of the brigade answered their nations call to counter the emerging threat against the Allied eastern front.

Nearly 100 years later, and for the first time in history, in May 2010, 170th IBCT Soldiers would again march in Russia, at that time in celebration, accompanying Russian Soldiers in their annual Victory Day Parade. This would be one of many events the newly formed brigade would participate in following the brigade's reflagging, and the reactivation of the 170th lineage. The historic and monumental event would not only mark the first time American Troops marched in parade in Moscow's

Red square but thanks, in part, to international news coverage would launch the Bayonet Brigade on to the world stage and back into the hearts of Americans.

Now, the Soldiers of the 170th IBCT once again case their colors and deploy into their place in history, this time to help the people of Afghanistan by growing the capacity and capability of their security forces. This time, it's not the why but the how that's the real story.

The story of how began with the reflagging of the brigade. Soldiers with 2nd Brigade, 1st Armored Division became Soldiers with 170th Infantry Brigade Combat Team. The 170th colors were unfurled for the first time since 1963. The Soldiers that remained, along with the brigade's new leadership, would take on the task of rebuilding the unit from less than half its assigned strength.

From then, there would be much hard

work and many long hours ahead. As they had over the course of three deployments to Iraq before the reflagging, the Soldiers of the brigade tackled the hard work and took on the long hours, all the while gaining and losing soldiers to PCS's and ETS's.

In December 2009, the brigade would learn of its upcoming deployment and build and begin a training plan that, as brigade commander, Col. Patrick E. Matlock said, "was followed almost to the week."

Small-arms ranges, armored vehicle crew gunneries, 'spur-rides,' Expert Infantryman Badge tests, brigade runs, an Expert Field Medical Badge test, Army physical fitness tests, hosts of individual and unit-level training events, and finally deployment to the Joint Readiness Training Center: These are just some of the events that helped bring the brigade from less than 50 percent strength at reflagging to the combat ready formation that is now deploying

in support of Operation Enduring Freedom.

The hard work and dedication of Soldiers and leaders at every level has been crucial to growing the 170th into the disciplined, highly trained, highly motivated unit it is. The 170th truly embodies the essence of the combined arms fight, trained for full spectrum operations. As one Joint Multi-Readiness Training Center staffer said, "You don't see a lot of units with armor and artillery battalions this well trained in light infantry tactics."

There is no doubt that the 170th Infantry Brigade Combat Team is the Army's best brigade! Strength. Honor. Discipline!



1918 - Soldiers with the 170th IBCT fight alongside Russian Soldiers during the Polar Expedition

July 2009 - The 170th IBCT is reflagged from 2-1 AD and is reactivated

Jan. 2010 - Soldiers with the 170th IBCT compete for the Expert Infantryman Badge

April 2010 - Soldiers with the 170th IBCT conduct live-fire qualifications

May 2010 - Soldiers with the 170th IBCT march in the Victory Day parade in the Red Square

June 2010 - Soldiers with the 170th IBCT compete for the Expert Field Medical Badge

June 2010 - Soldiers with B Co., 40th Engineer Battalion, 170th IBCT deploy to Afghanistan

Oct. 2010 - Soldiers with the 170th IBCT immerse in a Mission Rehearsal Exercise

Nov. 2010 - Soldiers with 3rd Battalion, 4th Infantry Regiment, 170th IBCT deploy to Afghanistan

Feb. 2011 - Soldiers with the 170th IBCT participate in a casing of the colors ceremony, signifying the beginning of their deployment to Afghanistan



CHAPLAINS CORNER

By CH (MAJ) Steven Dunn
170th IBCT Brigade Chaplain

Hey, folks. Let me introduce myself if we haven't met. My name is CH (MAJ) Steve Dunn and I am a husband, a father of three, and the 170th IBCT Brigade Chaplain.

These last few weeks I have been greeted in the mornings by an awesome and wondrous sight. Everything has had a layer of snow or frost on it - everything awash with a beautiful blanket of white, even the air itself has had this appearance. Most people can't stop talking about the summers: How great the sun feels, how it's so nice to have daylight etc. Yeah, I guess the summers are okay. However, for me - winters - now that's where it's at. They are incredible - the ice crystals hanging in the air, the crisp feeling of breathing in the cold. Now, I know what some of you are thinking - "Chaplain, you are one sick puppy"! Nuh-uh. No I'm not.

Think about it: How many times in your life did you ever think you would have the opportunity to experience a German winter? This is your chance to have experiences most people only see in movies or read about in books. "Okay, Chaplain we get it. You like Germany. You like the winters. But why are you telling us all this?" Well I am glad you asked. I just wanted you to see that even the Bible talks about the winter.

"He (God) says to the snow, Fall on the earth, and to the rain shower, Be a mighty down pour. So that all men that He has made may know his work, He stops every man from his labor ... The breath of God produces ice, and the broad waters become frozen. He loads the clouds with

moisture ... At his direction they swirl around over the face of the whole earth to do whatever He commands them." Job 37: 6-12

Okay, now it's time to move on to business at hand. A word to all the Spouses and Family Members: The deployment is upon us and everyone is feeling the stress, which we know is part of the gig. Even though we are an infantry brigade full of "A-type personalities" that love to put their shoulders down and just push through any and every obstacle that comes their way, even the most grizzled of Soldiers feel the effects of pre-deployment stress. If you and yours are dealing with communication issues, it could be as simple as your Soldier struggling with how to effectively communicate to



Family members and Soldiers with the 170th Infantry Brigade Combat Team, bow their heads during a prayer given at the 170th IBCT color casing ceremony on Smith Barracks Feb. 4, 2011.

come and go, we will miss births, birthdays, anniversaries and an entire year of our children's growth. In short, that Sucks. And yes, a Chaplain is authorized to say that.

I am asked, "Chaplain, how do I stop the pain?" My answer: You don't. You

learn how to cope with it, you learn how to mitigate it, you learn how to grow from it, you learn that it is OK to hurt and not be happy every day.

This brigade is almost split down the middle between those who have and have not deployed before. There is a lot of anxiety about the unknown out there. Spouses who have seen

deployments before have an incredible amount of tools, even if you don't remember them. Dig into your brain and heart because they are there.

The #1 way to effectively cope, mitigate, learn and grow from the pain is to surround yourself with those who know (as well as anybody could) that special unique pain that is yours. Do not become hermits in the house.

you that, for the most part, he/she really doesn't want to be away from you for a year (and for many of us not the 1st time or the last) but he/she is still excited about going and performing the mission for which they have trained so hard.

It is a very strange dichotomy: Love the job but hate being away from loved ones, which is a large portion of the job. This hurts, no matter how "hardcore" you and your Soldier are. Precious dates will

"I am asked, Chaplain how do I stop the pain? My answer: You dont. You learn to cope with it."

-CH Steve Dunn-



PRO DEO ET PATRIA

~The Chaplain's Thought~

"We need each other to worship with. We need friends to pray with. We all are called to encourage and support one another spiritually, physically, and emotionally. If we do this, we as a collective whole will survive."

-CH Steve Dunn-

Even if you are a quintessential introvert, do something new: Join a support group (people hate that name), become part of a group of friends who have dinner weekly, learn something new that requires you to get out of the house, create a weekly "battle rhythm." Monday this, Tuesday that, Wednesday there, Thursday ... well you get the picture. And lets not forget, Sunday - Go to

I can speak for myself. My natural inclination when I hurt is to disappear. When I hurt, the last thing I want to do is be with people and I'm the Chaplain! When I hurt I don't want to see anyone, talk to anyone, do nothing. And you know what? That is how I become depressed. And depression Sucks! I don't go about trying to become depressed; it's just the way my natural river runs. I (you too) have to be active prior to the Big Pain. I (you too) have to develop a plan - a "battle rhythm"; and my plans (yours too) have to include others or I (you too) will disappear no matter how hard - or how good - I think I am (you too).

This is the first of many installments of the Chaplain's Corner for the 170th's OEF deployment, so stay tuned. But before I go, I want to share with you this...

I once learned, while studying a devotional, geese fly at speeds of up to 40-50 mph. They travel in a "V" formation because as each bird flaps its wings, it creates an updraft for the bird behind it. They can go 70% farther in a group than they can if they were to fly alone.

We are like that in many ways. We all have a common purpose. We are propelled by the thrust of others who share the same goals. We can get a lot further together than we can alone. Geese also honk at one another. They are not critics but encouragers. They "lift" each other up. Those in the rear sound off to exhort/encourage those up front. And, as such, they stay on course and maintain their speed.

We too move ahead much more easily if there is someone behind us encouraging us to stay on track and keep going.

This leads me to the Word of the Day:

Therefore, encourage one another and build each other up, just as in fact you are doing. I Thessalonians 5:11. Much Love and Respect - CH Steve Dunn.



Soldiers with 170th Infantry Brigade Combat Team, stand and pray during a sunrise service April 4, 2010.



Senior leaders with U.S. Army Garrison Baumholder and the 170th Infantry Brigade Combat Team, bow their heads as Chaplain (MAJ) Nana Bassaw, USAG Baumholder chaplain leads them in prayer before the Dr. Martin Luther King Jr., observance breakfast at the Rheinlander Club on Smith Barracks, Jan. 27, 2011.

Church. Hey, I am the Chaplain. Of course I am going to tell you that.

The number one way that soldiers and loved ones alike mitigate and learn from the pain is by staying active - being involved - doing something outside of yourself and for yourself.



FRGs ON A MISSION

By Rachel Dooley

170th IBCT Family Readiness Support Assistant

170th Infantry Brigade Combat Team Family Readiness Groups across the brigade are working everyday to accomplish the mission of the Family Readiness Group. That mission is to act as an extension of the unit by: providing command information, providing mutual support between the command and the FRG membership, advocating a more efficient use of community resources, and helping Families solve problems at the lowest levels.



Members of the Baumholder community prepare a USO table during a pre-deployment fair at the Rheinlander club in Baumholder Nov. 20, 2010. Photo by Pfc. Nathan Goodall

(U.S. Army FRG Leader's Handbook) FRGs have taken action and come together in a variety of ways over the past several months to show their support of the Family Readiness Group's mission.

In September, the Bayonet Brigade's Family Readiness Groups participated in this year's C.A.R.E. Fair, which is a community event that provides the community with a one-stop shopping opportunity for all their official and personal needs. The brigade and each battalion prepared an informational booth to help connect Soldiers and their Family members with their respective Family Readiness Group and unit information resources, such as Facebook and virtual FRG pages. More than 900 Soldiers and Family members attended the community event. During the event, 40th Engineers won the third place prize in the best booth competition. Family Readiness Groups' participation in this event helped advocate more efficient use of community resources in support of the mission.

Family Readiness Groups have also made enormous efforts to keep Family members informed and educated. One of the tools that FRGs are utilizing with great success is Facebook. The 3-4 Infantry Battalion has over 700 page members and uses their status updates to remind

Soldiers and Family members of deployment readiness tasks. Through Facebook, FRGs have found a way to provide command information on a daily basis.

"On the company and Task Force level, Facebook has been a great tool in keeping Warrior Families informed and involved. The Task Force Warrior Facebook page (search 3-4 Warriors) has allowed us to reach Families all over the world almost instantly. It is also a great place for friends and Families to interact, share information, and show support for our Soldiers," said Sarah Davenport, the Family Readiness Support Assistant with Task Force 3-4 IN.

24th Brigade Support Battalion hosted a Pre-Deployment Financial Readiness Symposium in August. The symposium was an opportunity to promote and educate Soldiers and Family members on the importance of everyday financial readiness and deployment.

"24th has a lot of things that they do to keep Family members informed. These events provide great information and get the families squared away with things such as passport information, Space A information, and more. Also, our FRSA Mrs. Miller is awesome; she goes above and beyond to help the FRG's and families

out within 24th BSB," said Angie Chermer, the A Co., 24th BSB FRG Leader.

Family Readiness Groups from 2-18 Infantry Battalion and 24th Brigade Support Battalion, held fundraisers at the Super 6 High School Football Tournament in Baumholder, and with great success, their fundraising helped keep hands warm and belly's full on an exciting day for High School Football. During the Breast Cancer Awareness Run/Walk, 4-70th Armor Battalion

Family Readiness Groups provided much needed energy boosts to runners, walkers, and event volunteers through their fundraising efforts that day.

"It's important for our FRGs to raise money because it supports activities that bonds both the Soldiers and their Families, and raises morale all at the same time. Fundraising is a great way to get out of the house, meet new people, raise some money, and have fun. For my husband and me, it's all about making sure his Soldiers and Families are being taken care of and fundraising is an integral part of that mission," said Betsy Mercado, from B Co., 2-18 IN.

Through community events, fundraisers, and communication, Family Readiness Groups have encouraged resiliency and have enhanced the well-being amongst its members. These Family Readiness Group members are not just immediate Family members located in Germany, they are all assigned Soldiers (married and single), DA civilians, volunteers, and extended Family. All of the members are a vital part of the Family Readiness Group and each one supports the program's mission in various ways. The Bayonet Brigade's Family Readiness Groups make their business the mission and they do so with, "Strength, Honor, and Discipline."



Story by Sgt. Christopher Klutts

170th IBCT Public Affairs

BAUMHOLDER, Germany - Soldiers conduct many tasks in preparation for future deployments. From qualifying with their assigned weapon, to getting their hearing checked, mission readiness is a part of everyday life for Soldiers assigned to the 170th Infantry Brigade Combat Team. Most of these steps toward mission readiness are mandatory, but some are optional like drafting a will or power of attorney.

"A power of attorney is a legal document that, in this case, allows a Soldier's spouse or someone the Soldier is close to, to stand in the Soldier's place when the Soldier is unavailable to make a legal decision," said Capt. Jack B. Cohen, the chief of legal assistance, and claims judge advocate for the Baumholder Legal Assistance Office.

There are two different

powers of attorney, a general power of attorney and a special power of attorney. A general power of attorney appoints a representative to perform any legal action on behalf of someone else. A special power of attorney limits the legal action the appointee can take to what is written in the document.

"For example if you are planning to have someone sell your car using a power of attorney, the process tends to go smoother with a special power of attorney that states which vehicle is to be sold and who is going to sell it for you," said Cohen, a Youngstown, Ohio native.

According to Cohen, the Baumholder Legal Assistance Office surveyed other offices on the installation to find out which accept a general power of attorney and which require a special power of attorney.

"The two places where you definitely need a special

power of attorney are finance, to make pay inquiries and increase or decrease allotments, and the passport office," said Cohen. "Everywhere else on the installation accepts a general power of attorney."

It is important for Soldiers to make a copy of the power of attorney and take it with them on deployment. Information in the power of attorney is needed to draft a revocation, said Cohen.

"There are two ways to revoke a power of attorney," said Cohen. "You can either tear up the original or have a revocation of the power of attorney drafted."

Soldiers can save themselves and their families a lot of stress by simply adding their spouse to accounts they feel comfortable sharing. And although Soldiers are not required to obtain a power of attorney, Soldiers should explore their legal options in preparation for future deploy-

ments, said Cohen.

"If you know you are going to have some sort of legal issue come up while you are gone, or think there's a possibility you will need someone to make a legal decision for you, have a general power of attorney drafted," said Cohen.

Paralegals at the Baumholder Legal Assistance Office are available to draft powers of attorney during their walk-in hours from 9 a.m. to 12:30 p.m. and 1 p.m. to 4 p.m. Monday thru Friday. Soldiers only need to bring their ID card. No other documentation is necessary.

"I've seen Soldiers that have a binder of legal documents that they leave to their family when they deploy, making sure everyone knows where everything is," said Cohen. "I think a power of attorney is an important piece in that binder, to make sure everybody is ready in case anything comes along while they are gone."

